



**International Women's Day
March 2026**

Coffee Morning Kit



Women's Aid
Leicestershire

Providing Strength, Security and Freedom from Domestic Abuse

Since 1974 Women's Aid Leicestershire has strived to provide safe refuge and support for people whose lives have been devastated by abuse. We accompany women and their children on every step of their journey towards a future of safety and independence.

With your help and support, we can continue to provide accommodation for women and their children in Leicestershire who have suffered from domestic violence.

By hosting a coffee morning on or around International Women's Day you can help.



1 in 3

women will experience domestic abuse in their lifetime

80

women were known to be killed by men in the UK in 2024



Providing refuge is at the heart of what we do

A refuge is a safe house where women and their children can live free from abuse and have the time and space to recover and start to take control of their lives.

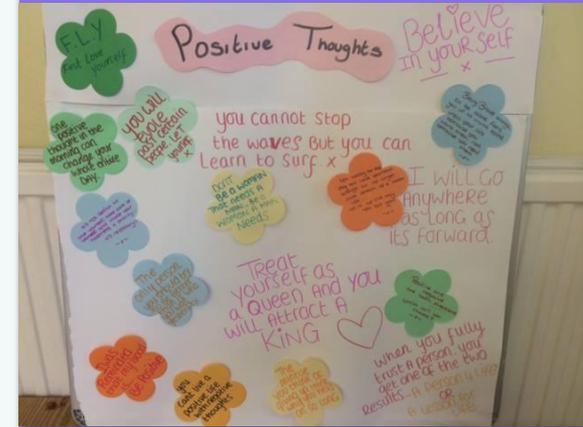
In the 2024/2025 period, our services supported 421 adults & children 457

We provide a place where families can receive emotional support and access the practical tools that they need to recover.

WALL opened 6 new Dispersed properties in 2025, helping to accommodate bigger families

“How do you pack everything you need into just a couple of bags? I packed and re-packed those bags so many times until I realised that it didn't matter what I took, things were going to get better. Moving into the refuge was the start of a journey, a good one.”

- Megan, former resident



Above: Positive Thoughts Board at one of our refuges

How you are helping.....

£1000

will provide specialist training to raise awareness in schools about respectful healthy relationships

£500

will provide a Children, Young People & Family Practitioner for a week

£100

will pay for interpreting services for vulnerable women who have been trafficked

£20

will pay for overnight refuge accommodation for a family

£5

buys an arrival pack to welcome a child into refuge who has left home in a hurry with nothing



Some ideas...



Planning Your Coffee Morning



Before your Event

- Decide what type of event you're going to host
- Set a fundraising target
- Recruit your friends to help
- Invite your guests – you can use the printable invites in this pack or set up your own Facebook event

On the Day

- Gather all the essentials and pick up any last minute items
- Print off your Coffee Morning Gift Aid form and encourage all your guests to fill it out to make their donation go even further (we can claim up to 25p for every pound donated)
- Don't undersell yourself! We suggest an entrance price of at least £3, but you will know your guests. Take the money at the door.
- Take lots of pictures and share them with us via Facebook or Twitter
- Run a raffle or 'Bring and Buy' stall as an added extra

After your Event

- Thank all of your guests and tell them how much you've raised
- Send us your pictures and let us know how you got on. We would love to share your stories and pictures on our social media
- Send in the money you raised via post using the paying-in form in this pack, or through our website

Advertising Your Event

- Organise a press release or contact your local news
- Promote it on social media
- Add it to your email signature
- Good old-fashioned posters! Use the blank poster in this pack as a template
- Post paper invitations to friends and neighbours



You are invited
to a Coffee
Morning
to raise funds
for Women's Aid
Leicestershire



Women's Aid
Leicestershire



Coffee Morning fundraiser for Women's Aid Leicestershire

Sunday 8th March 2026

Time:

Venue:

How to pay your money in

Well done for hosting an excellent event! Send us your money in the days following your event so that we can start putting it to good use.



By Post

Send cheques made payable to 'Women's Aid Leicestershire Ltd' along with your Gift Aid Form to

PO Box 26, Leicester, LE1 1AA



Online

Donate quickly and easily on our website using a debit or credit card by clicking on the 'donate' button.

www.wa-leicester.org.uk/donate

Gift Aid

Make your fundraising go even further at no extra cost to you through Gift Aid! For every £1 you raise, Gift Aid will add up to 25p. Print off the Gift Aid form within this pack and make sure that everyone who donates fills it in, providing their name, address (Including postcode) and ticks the Gift Aid box. If you're donating via our website, you will be automatically prompted to Gift Aid your donation.

Health and Safety

Women's Aid Leicestershire Ltd cannot accept liability for your events so please do everything you can to make your event safe.

Paying In Form

Coffee Morning paying-in form

Dear party host,

Thank you so much for hosting a Coffee Morning.

We hope you and your guests had an enjoyable time

To help us process your offline donations please print this form and complete all the details on this side of the form then return it, along with the money you raised.

First Name: _____ Last Name: _____

Address: _____

Postcode: _____

Email: _____ Phone Number: _____

We raised £ _____ which I am sending to Women's Aid Leicestershire Ltd. by (tick as appropriate):

enclosing a cheque or postal order (delete as appropriate), payable to Women's Aid Leicestershire Limited. **Please do not send cash.**

making a payment by card (Please complete the card details below).

Please debit the following card with the amount of £ _____

Mastercard Visa Switch/Maestro

Card Number

/ / / /

Switch/maestro only

Valid from / Expiry Date /

Switch/maestro only -issue number

Signature

Date / /

About my Coffee Morning

Number of guests who attended _____

I held a Coffee Morning at home work other (please specify) _____

How did you hear about the **Coffee Mornings**?

Improving Coffee Mornings

If you can spare another minute we'd love to get your feedback on **Coffee Mornings**.

What motivated you to host a **Coffee Morning**?

What did you think of the **Coffee Morning** kit? Did you use all the materials? What could we add?

Would you be happy to host a **Coffee Morning** again next year?

Don't forget to send your stories and photos - we love sharing good news on our website, Email us at admin@wallaction.org.uk

Thanks so much for your support!

**Thank you
for helping to change lives**

www.wa-leicester.org.uk

Contact our office on admin@wallaction.org.uk / 0116 283 2225

**Leicester, Leicestershire & Rutland Domestic Abuse
Helpline**

0808 8020 028

24hr National Domestic Violence Helpline

0808 2000 247



Charity Number: 1136419